

Reasons for wishing to attend

by

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The past few years I have been planning on expeditions that mostly felt like a distant ambition or dream. With time I have gained courage and mental strength, and I am now working on a project based on this eagerness to explore the effects on the mind and body when being self-sufficient in nature. I am walking alone to push my mind to the extreme and see how it reacts on the lack of social contact and the vulnerability of being in the wild. Spring 2015 I am going to walk and camp on different hiking trails around Sweden. I start at Bruksleden, then Österleden, Höga kusten and Öland. Each excursion is estimated to take around a week, and hopefully improve my stamina.

This hopefully explains my excitement when I read about your amazing project and our common interest. I believe that I can contribute to this practice and that it will be very valuable in my own projects. I am very interested in the subject of this pilgrim walk. My background includes no religion or faith, which I believe is a result of me being Swedish. Because today I've found spirituality within myself but struggle to understand what it means as I don't see myself as religious. Therefore I am eager to put myself in this situation where we can experience and discuss what makes a person believe and not believe.

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